



# PRE-K BREAKFAST & LUNCH MENU

## OCTOBER 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b> Confetti Pancakes ♻️ <b>Lunch</b> Cheese Quesadilla ♻️ <b>2</b>	<b>Breakfast</b> Country Chicken & Cheese Biscuit <b>Lunch</b> Chicken Sandwich <b>3</b>	<b>Breakfast</b> Blueberry Chex ♻️ <b>Lunch</b> Hamburger <b>4</b>	<b>Breakfast</b> Maple Waffles ♻️ <b>Lunch</b> Fish Sticks <b>5</b>	<b>Breakfast</b> Chicken Sausage Pancake Bites <b>Lunch</b> Grilled Cheese ♻️ <b>6</b>
<b>No School</b> <b>9</b>	<b>Breakfast</b> Blueberry Chex ♻️ <b>Lunch</b> Cheese Quesadilla ♻️ <b>10</b>	<b>Breakfast</b> Country Chicken Biscuit <b>Lunch</b> Hamburger <b>11</b>	<b>Breakfast</b> Blueberry Waffles ♻️ <b>Lunch</b> Chicken Tenders <b>12</b>	<b>Breakfast</b> Cinnamon Toast Crunch ♻️ <b>Lunch</b> Cheese Pizza ♻️ <b>13</b>
<b>Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> Grilled Cheese ♻️ <b>16</b>	<b>Breakfast</b> Honey Cheerios ♻️ <b>Lunch</b> Chicken Tenders <b>17</b>	<b>Breakfast</b> Egg & Cheese Melt ♻️ <b>Lunch</b> Hamburger <b>18</b>	<b>Breakfast</b> Country Chicken Biscuit <b>Lunch</b> Chicken Sandwich <b>19</b>	<b>Breakfast</b> Cinnamon Toast Crunch ♻️ <b>Lunch</b> Cheese Pizza ♻️ <b>20</b>
<b>Breakfast</b> Sausage Breakfast Pizza <b>Lunch</b> Cheese Pizzadilla ♻️ <b>23</b>	<b>Breakfast</b> Confetti Pancakes ♻️ <b>Lunch</b> Cheese Quesadilla ♻️ <b>24</b>	<b>Breakfast</b> Blueberry Chex ♻️ <b>Lunch</b> Hamburger <b>25</b>	<b>Breakfast</b> Maple Waffles ♻️ <b>Lunch</b> Fish Sticks <b>26</b>	<b>Breakfast</b> Sausage & Cheese Biscuit <b>Lunch</b> Cheese Pizza ♻️ <b>27</b>
<b>Breakfast</b> Chicken Sausage Pancake Bites <b>Lunch</b> Chicken Tenders <b>30</b>	<b>Breakfast</b> Egg & Cheese Bagel ♻️ <b>Lunch</b> Grilled Cheese ♻️ <b>31</b>			

### NOTES

All meals offered with a side of fruit and/or vegetables and 1% white milk

♻️ Denotes vegetarian item 🍖 Denotes pork item

*\*Menu subject to change*

